

Sunflower Connection

Volume 10

Ready, Set, Grow! Preschool

June, 2010



Hi Ready, Set, Grow! Families~

This is my 14th end of the year newsletter and it never gets any easier when saying good bye to my students or their families. We really are a family here and as you walk through the door of our classroom one final time I hope you have some good memories of great little this place. Good luck to those of you leaving Ready, Set, Grow!, come by and say "hi" once in a while. To my little students who will be returning, I will see you in August.

Thank you to all of you that did your jobs without ever complaining. I know it was a lot of work but if you haven't already come to realize it is an experience you and your child will have forever.

Thank you again to my board members and my curriculum heads for your love and dedication to our preschool, I love you ladies!

Thank you to my family, Vince, Leah and Mandi, for your continued support, for letting me talk about school for hours on end, being on the phone while you are eating dinner, the hogging the computer and cluttering the house with pre-school "stuff". I am a lucky Wife and Mama and I love you with all my heart.

So say "HOORAY" to the 2009-2010 school year...it was fabulous.
-Cheri

Dates To Remember

Final Parent Meeting Tuesday,
June 1 @ 7 pm

3's Last Day of School Thursday,
June 3

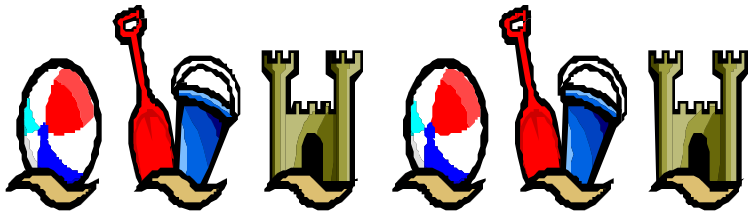
4's PM Last Day of Thursday, June 3
School

4's AM Last Day of Monday, June 7
School

3's End of Year Party Tuesday,
June 8

4's End of Year Party Wednesday,





Hello Red Bear families!!!

I can't believe how fast this year has flown by. It feels like yesterday that we just started school. Who would have thought that we would see so many changes in our kiddos in just 10 months. For those of you who have older kids know how fast time flies by when your kids start Elementary school, it really goes so so fast. Then Jr. High and High School is even faster. As we come to the end of the school year, I want to thank each of you for all you have done to make this school such a great place for our kiddos to learn. You all have been such a great blessing to me and I look forward to many more years of friendship to come. I will miss you all and wish all of you and your kiddos the best of luck as they start kindergarten. It was great to experience this part of Raegan's life with each and every one of you! Here are a few quotes that I would like to leave you with.

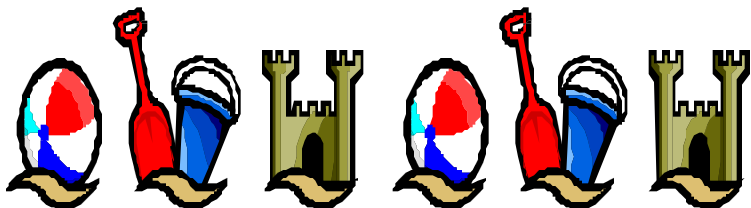
Love you guys!!!
Stephanie Brady
4's AM Class Rep
Raegan's Mommy

We worry about what a child will become tomorrow, yet we forget that he is someone today. ~Stacia Tauscher

You can learn many things from children. How much patience you have, for instance. ~Franklin P. Jones

A child can ask questions that a wise man cannot answer. ~Author Unknown

Children need love, especially when they do not deserve it. ~Harold Hulbert



Happy June RSG friends,

Our wonderful school year has come to an end. I am going to miss being on the board next year. It was an overwhelming joy to serve this year. I look forward to being a part of our school from the sidelines next. I am so grateful for all of you wonderful daddies and mommies who make this school so remarkable.

Have a great summer, I will see you all next year.

Mindi

Dear Parents,

Thank you for such a wonderful year! It has been rewarding experience being on the board of directors. I have watched the kiddos grow in creativity, self-esteem, and maturity. Parents, I want to thank you from the bottom of my heart for giving your time, bringing items in for the wants and needs list, and supporting the preschool. I hope you will treasure the time you had creating memories with your kiddo. Thanks again for a fabulous year!

Brenda Maingot
Vice President

Hi Everyone,

The yearbook committee has been working hard on a great yearbook for this school year. We are happy to report that the cost to the parents will be \$10 each. Please bring your payment to next Tuesday's parent meeting.

We will be having a Yearbook Signing party in July (date and location TBD) and the kids will receive their yearbooks then.

Thanks so much for your support!

Jaime Waddell



Happy Birthday!

Alyssa Herrera– 6/23/05

Summer Nee– 7/5/05

Avery Waddell– 7/7/05

David Johnson– 7/15/05

Lola Rush– 8/5/06

Ciaran Delaney– 8/13/05

Robbie Czapka– 8/16/06

Katelyn Grochowski– 8/23/06

Mackenzie Summers– 8/24/05

Brody Zambarelli– 8/27/05

Wow, wow, wow! This year has come and gone so fast. I am so happy I was referred to this preschool by Tiffany. I was hesitant at first because I didn't know what to expect with a parent participation preschool, but as I walked in to the classroom for the first time on job day I knew I made the right decision for Mackenzie. But what I didn't know was the amazing woman and friends I would meet this year. This has truly been the best experience for us both. Mackenzie has grown so much it is unbelievable!!! Thank you to the board for allowing me to jump in at the last minute to be class rep. I have really enjoyed the experience and I loved getting to know each and everyone of you. To my 4's PM class, I am so excited knowing that I have made some lifelong friends for Mackenzie as well as myself. As I have been told by many of you just because the school year is over doesn't mean my job as class rep is over. Can't wait for the many play dates and get togethers in the years to come :) I hope you don't get sick of me. Enough of the sappy stuff, I can not wait until I get to come back for the 2011-2012 school year with my son! Until then.....

Jenn Summers
4pm Class Rep & Mackenzie's Mom

Sun Proof Snacks for Kids

The beach is the perfect home for sandcastles, water fun, and E.Coli. As sunbathers do what they do best, bacteria does the same. With millions of food borne illnesses every year, beach goers can easily avoid snacks that tempt spoilage.

Dietitian and nutritionist [Elisa Ziedis](#), author of Nutrition at Your Fingertips offers five easily portable, sun-proof, diet-friendly foods to throw in the beach bag this coming beach season:

1. Nuts- Crunchy and delicious, nuts provide omega-3 fatty acids that are heart healthy and are also rich in healthy monounsaturated and polyunsaturated fats. Bring a baggie with a two tablespoon portion of almonds, cashews or walnuts.

2. Fresh Fruit – Washed thoroughly and packed so as not to get smashed, fresh fruits provide valuable nutrients such as vitamin C and potassium. Zied suggests the most portable fruits include: oranges, apples, and bananas or liven it up with grapefruit slices, clementines, seedless grapes or strawberries.

3. Dried fruit- Look for “no sugar added” when picking out dried fruits and limit portion to two tablespoons. Although not as fiber-rich as fruit, dried fruit is nonperishable and great to mix with crunchy high fiber cereal like low fat granola or nuts (choose the kind you like, but stick to two tablespoons).

4. Veggies – Options like edamame, celery, carrot, pepper strips are durable in packed beach bags. They also provide much needed nutrients while in the heat such as vitamin C, potassium, and Iron.

5. Grains - Whole grain crackers are great treats with lots of crunch and flavor. Pack natural peanut butter or almond butter and no-sugar jelly to put on crackers or whole grain bread. The protein and whole grains are nonperishable and will keep beach goers sated.



Your 2009-2010 Board of Directors

Mindi Mobley	President
Brenda Maingot	Vice President
Katie Webber	Treasurer
Tiffany DeVeney	Secretary
Stephanie Brady	4's AM Class Rep
Jenn Summers	4's PM Class

Dear Blue Monkey Families

I can't help but feel a little sad that I am writing my last 3's class newsletter submission. I guess having spent the last 5 years at this wonderful preschool I always knew that I would have another one. This year is different. I know that writing this means I will be starting my last year at RSG.

I can't help but feel like there is so much that needs to be said and just not enough time. Many of you will be moving on to the 4's class with us and some of you might not be back. The one thing I would like to say to each and everyone of you is THANK YOU!!

THANK YOU for sharing a part of your lives with me. If even for a season it is one that I will remember forever. For me this has been the best class ever to be apart of and I believe that we could all count on each other no matter what. I have loved being able to get to know each of your wonderful children and see them grow through out the year. Being able to be in the class and apart of some of those special moments that can only be seen through The eyes of a child is priceless. So thank you.

Cheri, you have shared this journey with me for a long time and I will remember you forever. Now that this will be the last time I share the 3's class with you, for now I will hold onto the fact that I still have next year. Thinking anything but that just brings me to tears. I love you friend and thank you for believing in me enough to take on the different roles in this school that I have. This has been a great year and my kiddos just love their MRS. CHERI.

Cheri, Mindi, Katie, Tiffany, Brenda, Stephanie, & Jenn it has been a privilege to share my first Board experience with such wonderful women. I hope that each of you love and embrace what ever this next years journey is for each of you. You have all become a friend and I thank you for sharing your lives with me. The LORD has Blessed me with these new friendships that I hold very dear.

Lucy, Olivia & Misty thank you for all of the time you put into the arts and crafts for our kiddos. They were able to experience such wonderful projects because of all the time you took to get the crafts done. It is a lot of work and not once did any of you complain. You did an amazing job and you should know that!!!!!!!!!!!!

I hope that each of you have a fabulous summer break and get all the rest you need. The next year will be here before we know it. Take care and I will be seeing you all very soon.

To the entire 3's class thank you for all the time and dedication that you all put into this years planning of the 4's Graduation. I am sure that the families will love everything!!!

Sincerely,
Jorgie (Adin's Mom)
Curriculum/3's Class Rep

MAKE THE MOST OF YOUR BEACH TIME

When playing in the surf gets old, set up a beach obstacle course. Just about anything can be used to create obstacles, including driftwood, shells, beach toys, and lines drawn in the sand. Lay out a series of challenges, then time each person as he or she races through them. Kids can compete against one another -- or the adults -- or simply try to beat their own best time. Fun elements could include:

- **Hopscotch** - Use lines drawn in the sand in place of sidewalk chalk
- **Bob 'n' weave**- Run on a serpentine path through a series of markers, such as chunks of driftwood or rolled towels
- **Balance beam**- Tiptoe along a line drawn in the sand
- **Water carry**- Run to the water's edge with a bucket, fill it, then ferry it to fill another bucket
- **Treasure dig**- Uncover a buried treasure and carry it to the finish
- **Rock tower**- Balance a group of stones one atop the other
- **Tire trot** - Draw a series of "tires" in the sand, then run through them without stepping on the lines

The whole point of a beach trip is to bring home tired kiddos! Go have fun!

